

Youth First **2009** sport Second

# New **FOOTBALL** Parents to the FFL

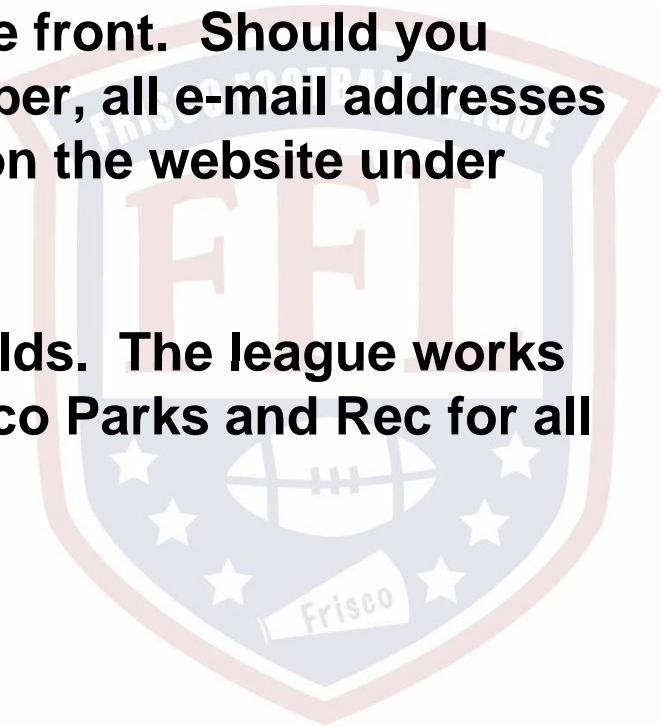
*“Everything you  
might want to  
know”*



# League Facts

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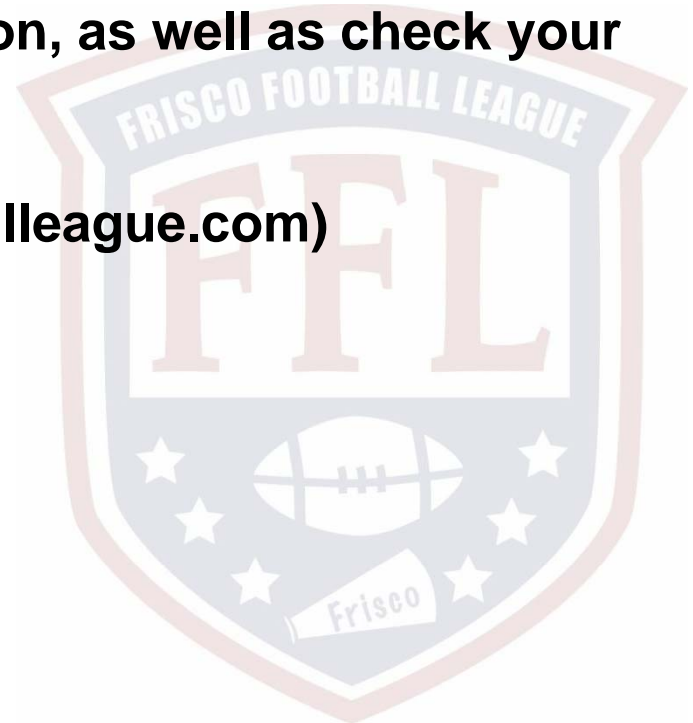
- The FFL started in 1998.
- The FFL is a non-profit, non-paid volunteer organization.
- The FFL does not have a store front. Should you need to contact a board member, all e-mail addresses and descriptions are posted on the website under “FFL Board”.
- The FFL does not own any fields. The league works with FISD and the City of Frisco Parks and Rec for all practice and game fields.



# League Communication

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- **E-mail**
  - The FFL sends reminders and informational e-mails through the database. Always be sure that your e-mail address is current so that you do not miss important information, as well as check your e-mail often.
- **Website** ([www.friscofootballleague.com](http://www.friscofootballleague.com))



## 2008 Statistics

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- 400+ coaches
- 2,165 participants (cheer & football)
- 98 football teams
- 50 cheer squads
- 170+ team managers
- 30+ scholarships were awarded



# What does the registration fee include?

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- **OVERALL**
  - Referees
  - Field maintenance
  - Scoreboards/maintenance
  - Insurance
  - Materials for registration, clinics, etc.
- **FOOTBALL**
  - Game day jersey
  - Mouth piece
- **CHEER**
  - Cheer uniform
  - Socks (**NO SHOES**)
  - Cheer Camp
  - Cheer Extravaganza

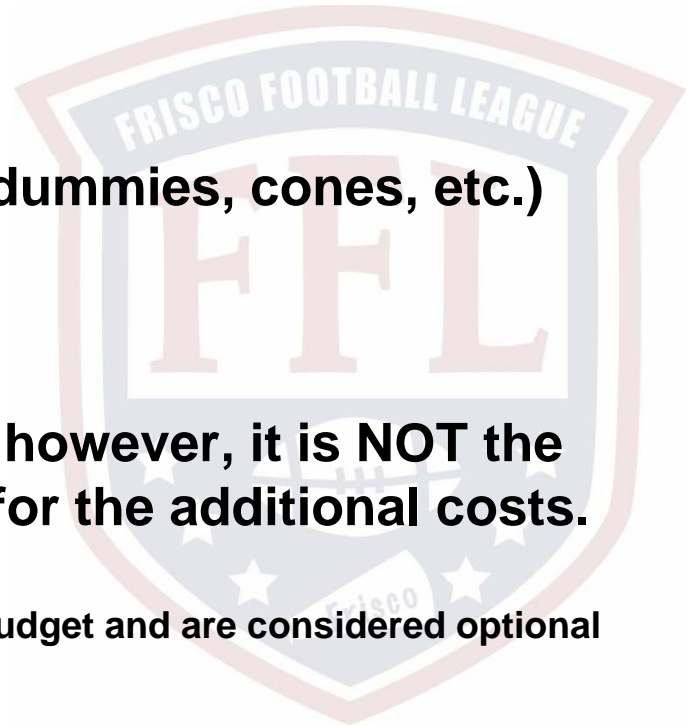


# Are there other expenses we may incur after registration?

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- **Yes. Each team head coach/team manager will set up a budget for the team for the season. Additional items for purchase may include some items below; however, a team may not request MORE THAN \$75 for flag football or \$125 for tackle football.**
  - **Game pants/socks**
  - **Helmet decals**
  - **Training equipment (i.e., dummies, cones, etc.)**
  - **Extra footballs**
  - **Award Stickers**
- **Additional fees are optional; however, it is NOT the team's responsibility to pay for the additional costs.**

**NOTE:** Spirit items are not part of a team's budget and are considered optional purchases.



# Player Participation Rule

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- **Coaches are required to play all participants.**
- **The FFL is an instructional league. All players must have at all times, a starting position on either offense or defense. (This means if a player is not playing on an offensive series, then he must take the field and play when the defense goes out, and vice versa for players not on defense when the offense takes the ball).**
- **Practice Participation Requirement: Flag=50% Tackle=75%**
- **If a child should miss practice, a Player Participation Form will be turned in to the VP of Football 24 hours before the game. Once a form is turned in, it is the coach's discretion as to when the player enters the game (i.e., 1<sup>st</sup> series, 1<sup>st</sup> quarter, etc.). However, once the player enters the game, from that point forward, the player is considered a starter and must maintain his starting position status for the remainder of the game.**

For more information, see the Policies & Procedures located on the FFL website.

## Is there a ball carrying weight? Why?

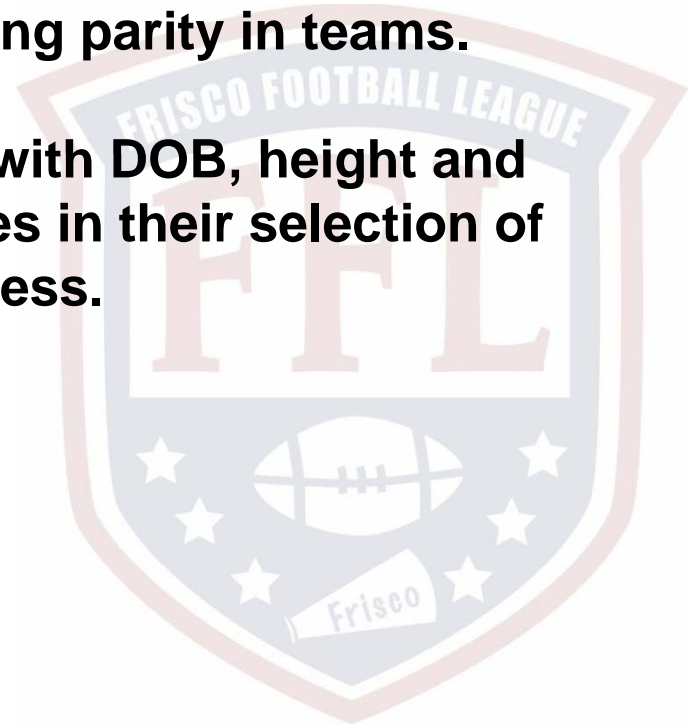
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- In the tackle divisions (ages 7-9) there is a weight limit for those that will be carrying the ball, playing in the backfield or lining up as a wide receiver. This limit is determined based on the average weight of the division. The players official weight that is used is the weight recorded at registration. Players over the limit will have a sticker on the back of their helmet indicating such.
- **REASON:** The rule is in place for fair play among the younger divisions. They are learning their football fundamentals and we want to be sure that the playing field is as level as possible. Football is a contact sport and we want all our younger players to get a comfort level with the contact while ensuring their safety and building their confidence.

## What is skills evaluation?

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- Participants are tested in various speed, power and agility drills in order to determine physical prowess.
- The information is objective and is used by the league to provide a basis to rank the athletes, which in turn assists in our goal of providing parity in teams.
- This information combined, with DOB, height and weight is used by the coaches in their selection of players during the draft process.



# How will I know what team my child is on?

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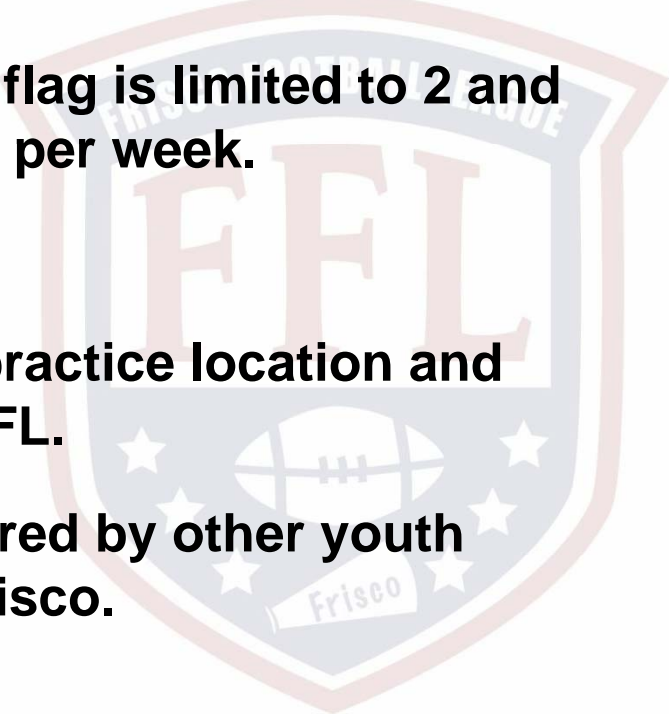
- Each team, returning or new, attends a draft, typically 3-4 weeks after final registration.
- Draft is on Saturday, June 6<sup>th</sup>. Only head coach and 1 assistant attends draft.
- We ask that each head coach contact their players within 48 hours of the draft.



# Practices

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- **First AVAILABLE practice for ANY team is Saturday, August 15<sup>th</sup>.**
- **How many practices a week are allowed?**
  - Before the season begins – a maximum of 4.
  - After the season begins – flag is limited to 2 and tackle is limited to 3 times per week.
- **Practice Locations**
  - Each team is assigned a practice location and days of the week by the FFL.
  - Practice locations are shared by other youth sports organizations in Frisco.



## Games

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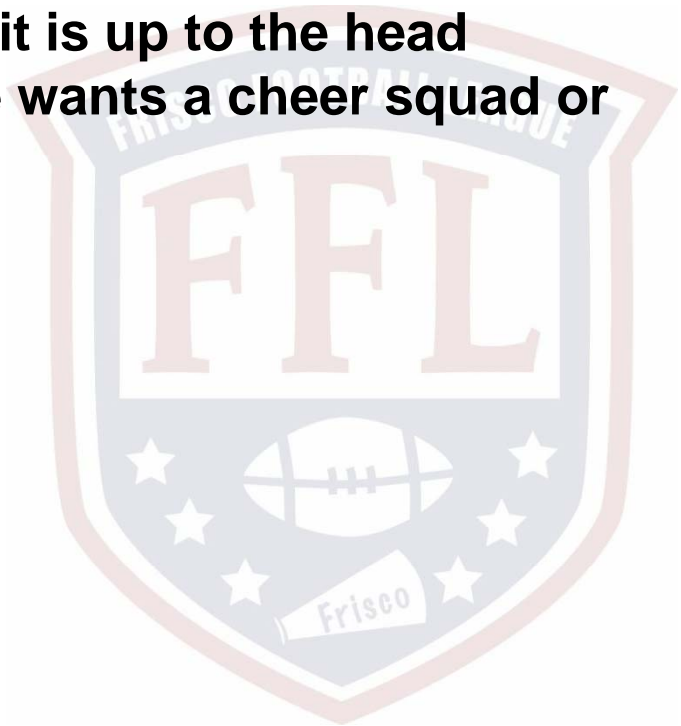
- **Games are played on Saturday's at various locations**
  - Bacchus
  - Warren Sports Complex
  - North County
  - Shawnee
  - Phillips
  - Fisd high school practice fields
- **Typical length of a game**
  - Flag games = 1 hour
  - Tackle games = 1.5-2 hours
- **How many games**
  - Regular season = 8 games



# Cheerleaders

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- **Not all football teams have cheerleaders. This is due to the registration numbers of football players compared to the registration numbers of cheerleaders.**
- **If a cheer squad is available, it is up to the head football coach on whether he wants a cheer squad or not.**



## Play-offs

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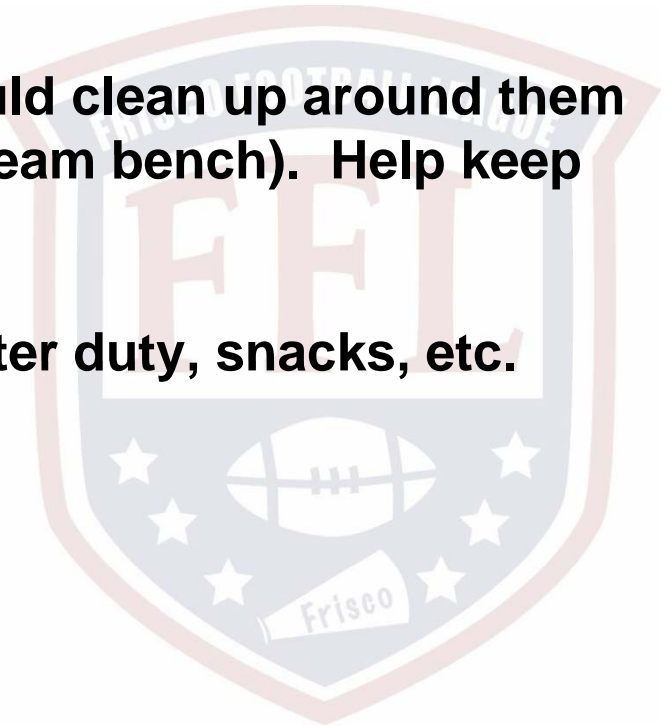
- The top 8 teams in each age division advance to a single elimination play-off format.
- Those not in the top 8 will play one consolation game during the first week of the play-offs.



# Volunteering for Your Team

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- **Home Team – team is responsible for 1 Announcer and 1 Scoreboard keeper.**
- **Visiting Team – team is responsible for 3 chain gang for down markers (3 adults/older teenagers only)**
- **Field Clean-up – parents should clean up around them (i.e., bleachers, field, chairs, team bench). Help keep the fields litter-free.**
- **Assist team manager with water duty, snacks, etc.**



# Friendly Reminders

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- Check the FFL website at [www.friscofootballleague.com](http://www.friscofootballleague.com) for reminders and announcements.
- Check the FAQ on the website for frequent questions and answers.
- Always be sure to check your e-mail frequently, as well as be sure your e-mail address is up to date.

